



**Friday Night Movies in the Park, Wellness Wednesdays, and More
Kick Off This Week at Assiniboine Park**

For immediate release: Winnipeg, July 30, 2024 – The Assiniboine Park Conservancy is inviting Park visitors to join us this August for Friday night Movies in the Park, Wellness Wednesdays, and Jazz in the Leo Mol Sculpture Garden, as part of the Summer Entertainment Series, presented by Casinos of Winnipeg. These events are open to the public and free to attend, thanks to generous support from sponsors and donors.

“Coming to Assiniboine Park in the summertime is a Winnipeg must-do and with this upcoming entertainment lineup, there is no shortage of exciting activities for Park visitors to enjoy,” said Dani Wenger, Communications Coordinator, Assiniboine Park Conservancy. “Between having a great family night out with Movies in the Park, to working out with friends on Wellness Wednesdays, to catching one of our great live concerts across the Park, there’s something for everyone and we invite you to take part.”

Wellness Wednesdays | Wednesdays at 6:00 p.m.

Presented by Manitoba Blue Cross

Wellness Wednesdays is back to help get you moving this August with guided yoga and Zumba at the Lyric Theatre.

- August 7 – Zumba with Daisy Villegas
- August 14 – Yoga with Adrienne Shum
- August 21 – Zumba with Daisy Villegas
- August 28 – Yoga with Adrienne Shum

Movies in the Park | Fridays at 6:30 p.m. and 8:45 p.m.

Presented by Recycle Everywhere with support from Frito-Lay

Movies in the Park features a selection of blockbuster films projected on a cinema-style 27-foot-wide LED screen at the Lyric Theatre. Completing the movie theatre experience, the Lyric Theatre concession will be open from 5:30 p.m. to 9:00 p.m., serving popcorn, ice cream treats, and other tasty snacks.

	6:30 p.m.	8:45 p.m.
August 2	Elemental	Barbie
August 9	Wish	Wonka
August 16	Migration	Madame Web
August 23	Paw Patrol Movie	Free Guy



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Jazz at the Leo Mol Sculpture Garden | Sundays at 12:00 – 1:00 p.m.

Presented by Balcaen & Sons

Enjoy relaxing jazz music in the serene surroundings of the Leo Mol Sculpture Garden.

August 4 – Winnipeg Jazz Orchestra (Ensemble)
August 11 – Tracy K
August 18 – Rosemarie Todaschuk
August 25 – Winnipeg Jazz Orchestra (Ensemble)

The August line-up for the Summer Entertainment Series also includes free access to art exhibitions at The Pavilion, Garden Concerts at The Leaf, and the Summer Music Series at the Lyric Theatre, which will be capped off with a headliner performance by Joey Landreth on August 29, in tribute to Lowell George and Little Feat.

The full schedule can be found on the Assiniboine Park [website](#).

Thank you to the following organizations for their additional support of the Summer Entertainment Series presented by Casinos of Winnipeg: Richardson Foundation, Liquor Mart, Duboff Edwards Schachter LLP, Audi Winnipeg, Gallagher Insurance, APTN, Frito-Lay, and the Great Outdoors Comedy Festival.

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For interviews and information requests, please contact:

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