

# PARK CAFE

## BREAKFAST SERVED ALL DAY

### PARK BREAKFAST

Two eggs cooked to your liking with hash browns tossed with fried onion and herb seasoning, served with toast and your choice of bacon, back bacon, or Winkler's farmer sausage

### FALAFEL BREAKFAST

Six crispy house-made falafel balls served with red pepper hummus, hash browns, tzatziki with a grilled pita

*Add eggs*

### CLASSIC EGGS BENEDICT

Two poached eggs, creamy hollandaise and back bacon on a grilled English muffin, served with hash browns

### PORK BELLY BENEDICT

Smoked in-house pork belly served on a grilled English muffin with two poached eggs, creamy hollandaise with hash browns

### SMOKED MANITOBA STEELHEAD TROUT BENEDICT

Smoked steelhead trout, cured and smoked in-house, served on a grilled English muffin with two poached eggs, creamy hollandaise with hash browns

### CROISSANT BENEDICT

Topped with grilled tomatoes, two poached eggs, creamy hollandaise with hash browns

### ROASTED VEGETABLE TARTINI

Red pepper hummus, balsamic roasted vegetables, arugula, two poached eggs and everything spice on toasted sourdough with hash browns

### NEW BISON CHORIZO SKILLET

Spicy Bison chorizo sausage, with hash browns, corn, tomatoes, peppers, pickled onion, feta cheese, choice eggs, garlic grilled pita

15.50	<b>BUTTERMILK PANCAKES </b>	11.50
	Three fluffy buttermilk pancakes served with butter and syrup	
	<i>Add strawberries</i>	4.25
	<i>Add bananas or chocolate chips</i>	3.00
13.50	<b>BREAKFAST BAGEL</b>	9.50
	Fried egg and your choice of bacon, back bacon or Winkler's farmer sausage, served with tomato, lettuce, mayonnaise, and Bothwell cheddar on a grilled whole wheat bagel	
4.00	<i>Add hash browns</i>	4.50
17.50	<b>BREAKFAST QUESADILLA </b>	15.75
	Three eggs scrambled with peppers, tomato, green onion and mixed cheese in a flour tortilla served with salsa and sour cream	
18.50	<i>Add bacon, back bacon, Winkler's farmer sausage</i>	3.00
	<b>FRESH FRUIT &amp; CHIA PUDDING PARFAIT </b>	11.75
	House-made flax seed granola, layered with chia pudding, topped with a fresh berry compote	
19.50	<b>TOAST WITH HOUSE-MADE JAM</b>	6.00
	Sourdough, rye, multigrain	
	<b>BUN SUBSTITUTE</b>	4.75
	<b>FRESH BAKED CINNAMON BUN</b>	8.50
16.50	<b>NEW CROISSANT</b>	6.25
	Chocolate drizzle and icing sugar	
15.00	<b>TWO EGGS</b>	4.00
	<b>HASH BROWNS</b>	4.50
	<b>BACON (3 PCS)</b>	5.00
	<b>WINKLER'S FARMER SAUSAGE (3 PCS)</b>	6.00
18.00		

---

# SANDWICHES & BURGERS

Our sandwiches and burgers come with a choice of fries, salad, or soup. **Bun substitute available 3.00**

## EGGSTREME BLT SANDWICH

Fried egg, Monterey Jack cheese, tomato red pepper jam, sliced tomatoes, lettuce, bacon and rosemary garlic aioli served on sourdough bread

16.75

## SOUVLAKI CHICKEN GYRO

Grilled chicken breast, house-made tzatziki, Chaeban feta, shredded lettuce, diced tomato, local Greenland Farm's cucumber slices and pickled red onions, served in a garlic grilled pita

19.00

## ROASTED VEGETABLE GYRO

Roasted button mushrooms, zucchini, red onion, red pepper, crispy falafel, arugula, Chaeban feta and house-made tzatziki in a garlic grilled pita

18.00

## BBQ SMOKED TURKEY WRAP

House-made smoked turkey, provolone, chipotle BBQ sauce, leaf lettuce, sliced tomato, bacon, wrapped in a whole wheat tortilla

16.75

## PARK CHICKEN CLUBHOUSE

Manitoba chicken breast, lettuce, tomato, Monterey Jack cheese, bacon, with a tomato pepper jam on harvest grain bread

19.50

## NEW HONEY DILL FRIED CHICKEN SANDWICH

House-made honey dill, fresh arugula, tomato, pickled red onion, on a potato onion bun

16.75

## REUBEN

Grilled corned beef with Russian dressing and white wine sauerkraut, topped with melted Bothwell Swiss cheese on rye bread

19.00

*Half a sandwich and soup of the day*

14.00

## HOUSE-MADE PARK BURGER

Dressed with rosemary garlic aioli, lettuce, tomato, pickles and grilled onions on a potato onion bun

19.25

## SWEET POTATO GARDEN BURGER

Sweet potato, quinoa and black bean patty topped with apple chutney, pickled red onion and crispy parsnips, with arugula, tomato and sriracha mayo on a potato onion bun

17.00

## THE BACON AND CHEESE

House-made park burger, dressed with a chipotle BBQ sauce, bacon, Bothwell cheddar cheese on a potato onion bun

22.00

---

Our fries are always made with fresh, hand-cut, local potatoes.

---

# SNACKS

## HAND-CUT FRENCH FRIES

5.95

**SOUP OF THE DAY** Made daily from scratch

7.50

## LOVE ME TENDERS

A classic breaded and deep fried to golden brown chicken fingers, served with our hand-cut french fries and honey dill sauce

16.75

## TRADITIONAL POUTINE

Hand-cut french fries topped with Bothwell cheese curds and gravy

10.00

## NEW EL POLLO

Hand-cut french fries topped with Bothwell cheese curds, spiced chicken breast, pico de gallo, crispy tortilla strips and gravy

17.00

---

# SALADS & SOUPS

## CAESAR SALAD

Romaine lettuce tossed with creamy Caesar dressing, herbed garlic croutons, and parmesan cheese

12.50

## HOUSE SALAD

Fresh tender field greens, tossed with tomato, cucumber, carrot, radish, red pepper and hemp seeds with lemon vinaigrette

10.75

---

### ADD TO ANY SALAD

*Herb roasted chicken breast*

7.00

*Three falafel balls*

3.75

## SMOKED STEELHEAD SALAD

House-made cold-smoked Manitoba Steelhead trout sliced thin with tender field greens, pickled red onions, local Greenland Farm's cucumber, Chaeban feta and lemon vinaigrette with a soft poached egg

16.25

## NEW THE ROCKET

Fresh arugula, goat cheese, pickled red onions, cucumbers, orange segments, sunflower seeds and a house buttermilk dressing

14.75

## SIDE SALAD AND SOUP

Choice House or Caesar

11.95

---

# KIDS MENU

AGE 10 AND UNDER Meals include your choice of milk, juice or fountain pop

## DOLLAR PANCAKES

Three fluffy dollar pancakes with your choice of chocolate chips, strawberries or banana

9.25

## PARK BREAKFAST

One scrambled egg, toast, hash browns, plus your choice of bacon, sausage or back bacon

9.75

## CHEESE QUESADILLA

White flour tortilla, filled with a mix of cheeses served with salsa and sour cream

8.00

## GRILLED CHEESE

Half a sandwich on sourdough with hand-cut french fries

9.25

## CHICKEN FINGERS

Two piece chicken finger, honey dill dip served with hand-cut french fries

10.75

---

# DESSERTS

## BANANA BREAD PUDDING

Our famous house-made banana bread pudding, served with fresh strawberries, salted caramel and vanilla ice cream

8.95

## NEW CARAMEL APPLE SUNDAE

Vanilla ice cream layered with caramel and green apple syrup

9.50

## NEW JAPANESE SPONGE CAKE

Fluffy sponge cake topped with fresh berry compote and whipping cream

9.50

---

# BEVERAGES

## WHITE BUFFALO COFFEE 4.95

*Add Flavour:* Hazelnut, Cinnamon Bun, S'MORE's 5.25

## ICED COFFEE 5.95

## SOFT SERVE LATTE 5.95

## FAIR TRADE LOOSE LEAF TEA 5.95

*Black:* Aged Earl Grey, English Breakfast Blend 3.95

*Green:* Gunpowder

*Herbal/Decaf:* Chamomile Lemon, Rooibos Chai, Moroccan Mint

---

All our Fair Trade teas are organic.

## ITALIAN SODAS 6.00

Watermelon, Blue Cotton Candy, Green Apple, Peach

## HERBAL LEMONADE 6.00

## FOUNTAIN POP 5.25

Coca Cola, Coke Zero, Ginger Ale, Sprite, Iced Tea

## JUICE 5.25

Orange, Apple, Cranberry

## MILK OR CHOCOLATE MILK 4.95

## DASANI WATER 4.50

---

# SPIRITS, WINE & BEER

## LOCALLY CRAFTED BEER 473 mL 10.95

Little Brown Jug 1919 Pale Ale, Kilter Vintage Pilsner, TCB Bluebeary, Farmery Lager, Fort Garry Dark, Stormwatch, La Sneak Belgique White

## IMPORTED BEER 473 mL 11.25

Corona, Stella Artois

## COOLER 473 mL 11.25

Polar Ice Berry Blizzard

## HOUSE WINE

Choice of Red or White

6 oz 8.95      9 oz 11.95      Bottle 27.95

## PREMIUM WINE

6 oz 12.95      9 oz 15.95      Bottle 39.95

## BLUSH/ROSÉ

6 oz 11.95      9 oz 14.95      Bottle 38.95

## CAFÉ SANGRIA PITCHERS 27.95

Choice of Refreshing Cafe Berry or Green Apple Sangria

## THE TOUCAN 10.25

Mango Syrup, White Rum, Sprite, Orange Juice

## STRAWBERRY MIMOSA 9.75

## PARK MIMOSA 9.75

## SPIKED LEMONADE 9.75

PLEASE ENJOY RESPONSIBLY.

---

All applicable taxes extra